



*Ohio Department of Mental Health and  
Addiction Services*

Early Childhood Mental Health  
Training Institute

Fiscal Year 2023, 4<sup>th</sup> Quarter

April 1<sup>st</sup> –June 30<sup>th</sup>

Training Bulletin



OHIO DEPARTMENT OF MENTAL HEALTH  
AND ADDICTION SERVICES

WHOLE CHILD MATTERS  
EARLY CHILDHOOD MENTAL HEALTH

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MASTER TRAINERS' BULLETIN  
OF  
EVIDENCED – BASED PRACTICES  
AND  
NATIONAL MODELS  
QUARTER 4 FISCAL YEAR 2023

April 1-June 30

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Acknowledgements:

- Maureen S. Black, Ph.D., IECMH Workforce Development Consultant
- Grace Kolliesuah, Chief, Bureau of Children, Youth & Families
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## **Welcome**

Welcome to the Ohio Department of Mental Health and Addiction Services (OhioMHAS), Early Childhood Mental Health (ECMH) Training Bulletin. This bulletin contains Ohio Approved Trainings conducted through the OhioMHAS, ECMH Training Institute for Ohio's Early Childhood Mental Health Professionals. Additional information about Ohio's Early Childhood Mental Health Initiative can be found on the OhioMHAS website at [mha.ohio.gov/ecmh](http://mha.ohio.gov/ecmh).

## **Infant and Early Childhood Mental Health Overview**

Early relationships and experiences at home and in other environments set the stage for how a child learns to manage his or her emotions. The Ohio Department of Mental Health and Addiction Services (OhioMHAS) provides cross-system leadership through its Infant and Early Childhood Mental Health (IECMH) initiative that supports evidence-based training to equip parents and professionals across multiple systems with the skills to help children develop into mentally healthy individuals. Parents, teachers, and other professionals who effectively nurture, support and connect with young children, especially those experiencing social or emotional difficulty, can ameliorate future disabling problems.

The IECMH initiative is aimed at promoting healthy social and emotional development (i.e., good mental health) of young children (birth to six years). It focuses on ensuring children thrive by addressing behavioral health care needs, which increases their readiness for school and later academic success. This is accomplished by building protective factors in young children's lives and increasing competencies and skills of parents and professionals working with children and families. Much of the development and implementation of the Ohio IECMH program has been built upon the research and resources available from the Georgetown University Center for Child and Human Development.

## **The Historic 2019 EC Systems Conference**

Ohio's 2019 Early Childhood Cross Systems Conference was truly historic. Each of Ohio's Early Childhood state agencies collaborated for the first time to offer a fully integrated systems approach early childhood conference. Each day an agency took the lead and sponsored mental health, disability and health specific sessions. There were cross-systems sessions designed to promote increased collaboration and improved outcomes among all early childhood professionals. In addition to the keynotes, participants were inspired by remarks from the new state agency leadership and participated in an interactive early childhood Wellness Fair. Sponsoring state agencies included the Ohio Department of Mental Health and Addiction Services, Ohio Department of Developmental Disabilities, Ohio Department of Health, Ohio Department of Medicaid, Ohio Department of Jobs and Family Services and the Ohio Department of Education.

<https://mha.ohio.gov/Schools-and-Communities/Educators/Early-Childhood-Mental-health/Conferences>

## **Whole Child Matters: Early Childhood Mental Health Initiative and Ohio Preschool Expulsion Prevention Partnership**

The foundations of sound mental health are built early in life. State grants to regional providers enable counselors to work with teachers, staff and families of at-risk children in preschools and other early learning settings. The Whole Child Matters initiative promotes a strong mental health foundation for children to reduce preschool and kindergarten expulsions. Services include on-site interventions and child/family-focused assistance to parents, teachers and staff. Call the Ohio Preschool Expulsion Prevention Partnership at 1-844-678-ABCs (2227) to find a provider in your county.

## **Ohio's Early Childhood Mental Health Training Institute**

Ohio's ECMH Training Institute is designed to share best practices with the field and provide professional development opportunities to early childhood mental health (ECMH) professionals seeking the Ohio ECMH Credential. The purpose and goal of the training institute is to prepare ECMH professionals to deliver quality service to early learning centers and families; and to ensure providers have competency in the six domains of ECMH: Social and Emotional Growth and Development, Family and Community Relations, Assessment, Interventions, Professional Development, Cultural and Linguistic Competency. The Ohio Department of Mental Health and Addiction Services (OhioMHAS) serves as the sponsoring body for the Infant Early Childhood Mental Health (IECMH) Credentials. OhioMHAS is a partner agency in Governor DeWine's Children's Initiative. The Ohio Child Care Resource and Referral Association (OCCRRA) manages the IECMH provider's profile, processes applications for all Ohio's early childhood credentials through the Ohio Professional Registry and hosts Ohio Approved (OA) Training data.

### **The Master Trainer Role**

Ohio Department of Mental Health and Addiction Services Bureau of Children, Youth and Families provides funding for up to seven master trainers to provide statewide training and technical assistance to infant and early childhood mental health counselors and consultants. The goal is to get the "right care, to the right children, at the right time" early enough to make the difference in their education and future success by deploying Ohio's experts in infant and early childhood mental health to reduce and eliminate preschool to kindergarten expulsions. The position is designed to increase capacity of Infant and Early Childhood Mental Health Professionals statewide to provide rapid response to early learning settings when parents, teachers or program directors have a need for help to stabilize a student's emotional or behavioral classroom adjustment.

### **Meet the Master Trainers**



**Lynn Belhorn, B.S., Nationwide Children's Hospital** Lynn is employed by Nationwide Children's Hospital in Columbus as a regional Master Trainer, serving 17 counties in the Central Ohio area through the Whole Child Matters Grant. She has 35+ years of experience in a variety of public and private settings, providing early childhood education and community prevention services in early childhood mental health. Lynn's work has included direct services with toddlers through school-aged children, supervision, coordination and program administration. [Lynn.belhorn@nationwidechildrens.org](mailto:Lynn.belhorn@nationwidechildrens.org)



**Katy Carpenter, MSW, LISW-S, Nationwide Children's Hospital** Katy is currently a regional master trainer and an Early Childhood Mental Health consultant for Nationwide Children's Hospital in Columbus, OH. Katy received her Bachelor of Social Work from Indiana University and her Master of Science in Social Work from University of Louisville. Katy began working in the field in 2016 in a therapeutic day treatment program for children ages 3-5 with severe trauma and behavioral needs. Katy then provided outpatient therapy for children and families for 2 years before becoming an Early Childhood Mental Health consultant in 2019. Katy is regional master trainer under the Whole Child Matters Grant and continues to provide consultation and prevention services in the Columbus area. Katy currently holds her ECMH credential and is an independently licensed social worker. [Katlin.Carpenter@nationwidechildrens.org](mailto:Katlin.Carpenter@nationwidechildrens.org)



**James (Jim) Flynn, MSSA, LISW-S, Positive Education Program.** James Flynn has been working in the field of mental health for 32 years and in the past 21 years his practice has been almost exclusively in the field of Early Childhood Mental Health. He has held the positions of mental health therapist, medical social worker, clinical supervisor, classroom consultant and parent resource consultant. He is currently a master trainer for the State of Ohio under the Whole Child Matters Grant and the Director of Early Childhood Plus for the Positive Education Program in Cleveland. James has a master’s degree in Social Service Administration from the Mandel School of Applied Social Sciences. James is a Licensed Independent Social Worker with a supervisory designation, and he has certifications in Early Childhood Mental Health Consultation and Infant Mental Health through the State of Ohio. He

recently completed his phase two level certification in the Neurosequential Model of Therapeutics.  
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**Marci Cullivan, BSAS, MSW, EMCH, OPCSA, Alta Care Group.** After graduating Youngstown State University with degrees in Education, prekindergarten teaching, as well as Family Studies and Psychology, Marci began working in the early childhood mental health field as an Early Childhood Mental Health Consultant. This includes working with children, families, and early care and education professionals with a focus on adult resiliency and building capacity in order to enhance children’s social, emotional, and behavioral health. She is currently a Master Trainer under the Whole Child Matters Initiative through OhioMHAS,

whereby she provides social, emotional, and behavioral trainings to early childhood staff, ECMH staff, and parents of young children. [MarciM@ALTACAREGROUP.org](mailto:MarciM@ALTACAREGROUP.org)



**Rachael Theis, B.S., Children’s Resource Center**

Rachael is a credentialed Early Childhood Mental Health Consultant and Master Trainer with Children’s Resource Center in Bowling Green, OH. She moved into the mental health field as a consultant in 2008 and has since been assisting teachers in the Northwest Region of the state by providing professional training in Early Childhood Social and Emotional Development. [Rachaelt@crcwoodcounty.org](mailto:Rachaelt@crcwoodcounty.org)



**Ava T. Lucky, MSW, LSW, ECMH-C, OIMHP--III**

Ava has nearly 30 years’ experience supporting children, families and caregivers in early care and education. Throughout her employment, Ava has worked as a teacher, supervisor, licensed center administrator and has provided professional development training to licensed center-based and family childcare professionals. For the past 8 years, Ava has supported children and caregivers to foster targeted social & emotional developmental needs in homes, early learning environments and throughout communities in Northeast Ohio. “It is my privilege to serve child serving professionals

across Ohio as Master Trainer.” Ava holds social work degrees from Ursuline College, Cleveland State University, and a Graduate Certificate in Early Intervention from Georgetown University School of Continuing Studies. Ava is employed as Trainer/Consultant at Positive Education Program in Cleveland, Ohio. [alucky@pepcleve.org](mailto:alucky@pepcleve.org)



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## FY2023 Training Institute 4<sup>th</sup> Quarter Scheduled Trainings

Date	Title	Time	OCCRRA ST#	Trainer	Hrs
04/01/2023	Toxic Stress to Safe Zone Level 2: Becoming a Trauma-Informed Early Learning Professional	8:30am-11:30am	ST10128047	Lynn Belhorn	3
04/03/2023	Resilience: Reorienting & Recalibrating in Times of Uncertainty	8:30am-10:30am	ST10128608	Lynn Belhorn	2.5
04/05/2023	I'm Not Your Friend: Bullying in Preschool	9:00am-12:00pm	ST10128754	Marci Cullivan	3
04/05/2023	Building Your Bounce	3:00pm-6:00pm	ST10126338	Lynn Belhorn	3
04/06/2023	Taking On Transitions	6:00pm-8:00pm	ST101228603	Lynn Belhorn	2
04/07/2023	Toxic Stress to Safe Zone: Responding to How Trauma Impacts Behavior	9:00am- 12:00pm	ST10128609	Lynn Belhorn	3
04/10/2023	Practical Approaches to Producing Trauma Informed Classrooms	6:00pm-9:00pm	ST10130184	Jim Flynn	3
04/10/2023	Exploring & Understanding Behavior Through the Context of Sensory Systems	6:30pm-8:30pm	ST10128611	Lynn Belhorn	2
04/11/2023	Engaging, Appreciating and Understanding Families (synchronous)	1:00pm-4:00pm	ST10128862	Ava Lucky	3
04/11/2023	Supporting Secure Attachment in Early Learning Environments	4:00pm-7:00pm	ST10128612	Lynn Belhorn	3
04/12/2023	Exploring & Understanding Behavior through the Context of Sensory Systems	9:00am-11:00am	ST10130147	Katy Carpenter	2
04/12/2023	Protecting Play	12:00pm-2:00pm	ST10128613	Lynn Belhorn	2
04/12/2023	Prescriptions for Preventing Power Struggles	12:00pm-2:30pm	ST10130399	Rachael Theis	2.5
04/13/2023	Understanding Behavior Through the Context of Sensory Systems	9:00am-10:30am	ST101303400	Rachael Theis	1.5
04/17/2023	Taking On Transitions	8:30am-10:30am	ST10128614	Lynn Belhorn	2
04/17/2023	Why Do They Do That? Understanding Behaviors that Push Our Buttons	1:00pm-3:30pm	ST101303402	Rachael Theis	2.5
04/17/2023	Being Conscious: Examining Composure & Encouragement	6:00pm-8:30pm	ST10130185	Jim Flynn	2.5
04/18/2023	Foundation in Infant Mental Health	9:00am-12:00pm	ST10130544	Marci Cullivan	3
04/18/2023	Exploring & Understanding Behavior Through the Context of Sensory Systems	6:30pm-8:30pm	ST10128615	Lynn Belhorn	2
04/19/2023	Challenging Behavior Session 1: Understanding & Preventing Challenging Behavior	9:30am-12:00pm	ST10130149	Katy Carpenter	2.5
04/19/2023	Taking Care of Ourselves	12:30pm-2:30pm	ST10128616	Lynn Belhorn	2
04/20/2023	Creating Teamwork & Motivation	9:00am-11:30am	ST10130545	Marci Cullivan	2.5
04/20/2023	Challenging Behavior Session 1: Understanding Challenging Behavior	6:00pm-8:30 pm	ST10128604	Lynn Belhorn	2.5
04/24/2023	Attachment: The Basics- Beyond the Hugs & Kisses	3:00pm-6:00pm	ST10129613	Lynn Belhorn	3
04/27/2023	Challenging Behavior Sessions 2: Preventing Challenging Behaviors	6:00pm-8:30pm	ST10128605	Lynn Belhorn	2.5



04/28/2023	Toxic Stress to Safe Zone Level 2: Becoming a Trauma-Informed Early Learning Professional	9:00am-12:00pm	ST10128610	Lynn Belhorn	3
05/02/2023	Programmatic Consultation in IECMH	9:00am-12:00pm	ST101303403	Rachael Theis	3
05/02/2023	Building Resilient Classrooms- Session #1- Intro to the Brain	9:00am-11:00am	ST10129736	Colleen Wallace	2
05/02/2023	What Can the IECMHC Do for you	1:00pm-2:30pm	ST1013015	Katy Carpenter	1.5
05/02/2023	Diversity, Equity, & Inclusion in Early Childhood Settings	1:00pm-3:30pm	TBD	Jim Flynn	2.5
05/03/2023	Attachment: The Basics – Beyond the Hugs & Kisses	9:00am-12:00pm	ST10130258	Lynn Belhorn	3
05/03/2023	Challenging Behavior Session 2: Responding Appropriately to Challenging Behavior	9:30am-12:00pm	ST10130151	Katy Carpenter	2.5
05/03/2023	Recognizing & Respecting Individual Differences	1:00pm-3:30pm	ST10128848	Ava Lucky	2.5
05/04/2023	You Are Amazing!	9:00am-11:00am	ST10130546	Marci Cullivan	2
05/04/2023	I'm Not Your Friend: Bullying in Preschool	9:00am-12:00pm	ST101303406	Rachael Theis	3
05/04/2023	Challenging Behavior Session 3: Behavior Planning for Challenging Behaviors	6:00pm-8:30pm	ST10128606	Lynn Belhorn	2.5
05/04/2023	“How Do We Move Forward? Early Childhood Trauma: How COVID-19 has impacted this population”	6:00pm-8:30pm	ST10127642	Ava Lucky	2.5
05/05/2023	Building Attachment and Attunement Using Social Play in Infant and Toddler Classrooms	9:00am-12:00pm	ST10129737	Colleen Wallace	3
05/09/2023	Building Resilient Classrooms- Session #2- Composure	9:00am-11:00am	ST10129745	Colleen Wallace	2
05/09/2023	<b>The Ohio Model of IECMH Consultation Day One</b>	<b>9:00am-4:00pm</b>	<b>ST10129875</b>	<b>MT TEAM</b>	<b>6</b>
05/10/2023	No Worries! Helping Young Children Cope	12:00pm-1:30pm	ST101303407	Rachael Theis	1.5
05/10/2023	FLIP IT! Introduction & Four Strategy Steps	9:00am-4:00pm	ST10128745	Lynn Belhorn Katy Carpenter	6
05/11/2023	<b>The Ohio Model of IECMH Consultation Day Two</b>	<b>9:00am-4:00pm</b>	<b>ST10129876</b>	<b>MT TEAM</b>	<b>6</b>
05/11/2023	Challenging Behavior Session 4: Interventions for Challenging Behaviors	6:00pm-8:30pm	ST10128607	Lynn Belhorn	2.5
05/12/2023	Prescriptions for Preventing Power Struggles	1:00pm-3:30pm	ST10129743	Colleen Wallace	2.5
05/13/2023	Recognizing & Respecting Individual Differences	8:30am-11:00am	ST10128601	Lynn Belhorn	2.5
05/15/2023	Protecting Play	12:00pm-2:00pm	ST10130256	Lynn Belhorn	2
05/16/2023	Prescriptions for Preventing Power Struggles	9:00am-11:30am	ST10130548	Marci Cullivan	2.5
05/16/2023	Building Resilient Classrooms- Session 3- Assertiveness	9:00am-11:30am	ST10129746	Colleen Wallace	2.5

05/16/2023	Bridging the Generation Gap	12:00pm-3:00pm	ST101303408	Rachael Theis	3
05/16/2023	Where the Boys Are	6:00pm-9:00pm	ST10129741	Colleen Wallace	3
05/18/2023	Practicing Mindfulness	10:30am-12:00pm	ST10130559	Marci Cullivan	1.5
05/18/2023	Practicing Mindfulness	12:00pm-1:30pm	ST101303409	Rachael Theis	1.5
05/23/2023	Stress Management for the Caring Professionals	9:00am-11:30am	ST10130553	Marci Cullivan	2.5
05/23/2023	Building Resilient Classrooms- Session 4- Encouragement	9:00am-11:00am	ST10129747	Colleen Wallace	2
05/23/2023	Constructing Inspiring Environments which Promote Social and Emotional Well Being	6:00pm-9:00pm	ST10129739	Colleen Wallace	3
05/24/2023	Engaging, Appreciating, & Understanding Families	9:00am-12:00pm	ST101303412	Rachael Theis	3
05/24/2023	Challenging Behavior Session Three: Behavior Planning for Challenging Behavior	9:30am-12:00pm	ST10130152	Katy Carpenter	2.5
05/24/2023	Being Conscious: Examining Assertiveness & Choices	6:00pm-8:30pm	ST10130186	Jim Flynn	2.5
05/25/2023	Where the Boys Are 3.0	12:00pm-3:00pm	ST101303413	Rachael Theis	3
05/30/2023	Building Resilient Classrooms- Session 5- Choices	9:00am-11:00am	ST10129748	Colleen Wallace	2
05/30/2023	Building Attachment and Attunement Using Social Play in Infant and Toddler Classrooms	2:00pm-5:00pm	ST10129738	Colleen Wallace	3
05/31/2023	Exploring & Understanding Behavior Through the Context of Sensory Systems	9:00am-11:00am	ST10130180	Katy Carpenter	2
05/31/2023	<b>DECA Day One</b>	<b>9:00am-4:00pm</b>	<b>ST10129879</b>	<b>MT TEAM</b>	<b>6</b>
05/31/2023	Stress Management for Caregivers	1:00pm-3:30pm	ST101303415	Rachael Theis	2.5
06/01/2023	Prescriptions for Preventing Power Struggles	9:00am-11:30am	ST101303416	Rachael Theis	2.5
06/01/2023	Prescriptions for Preventing Power Struggles	5:00pm-7:30pm	ST10129744	Colleen Wallace	2.5
06/02/2023	<b>DECA Day Two</b>	<b>9:00am-4:00pm</b>	<b>ST10129879</b>	<b>MT TEAM</b>	<b>6</b>
06/05/2023 06/12/2023	Understanding Ourselves & Others' Behavior	2:00pm-4:00pm	ST10130570	Marci Cullivan	2
06/05/2023	Taking On Transitions: The Basics	5:00pm-7:00pm	ST10130254	Lynn Belhorn	2
06/06/2023	Building Resilient Classrooms- Session 6- Empathy	9:00am-12:00pm	ST10129749	Colleen Wallace	3
06/06/2023	Practicing Mindfulness	10:00am-11:30am	ST101303417	Rachael Theis	1.5
06/06/2023	Where The Boys Are	6:00pm-9:00pm	ST10129742	Colleen Wallace	3
06/07/2023	Programmatic Consultation in IECMH	9:00am-12:00pm	ST101303418	Rachael Theis	3
06/07/2023	Prescriptions for Power Struggles	12:30pm-3:00pm	ST10129987	Ava Lucky	2.5
06/07/2023	Being Conscious: Working with Infants & Toddlers Part One	6:00pm-8:30pm	ST10130187	Jim Flynn	2.5
06/07/2023	What Can the IECMHC Do for You?	1:00pm-2:30pm	ST10130181	Katy Carpenter	1.5

06/08/2023	Being Conscious: Working with Infants & Toddlers Part Two	6:00pm-8:30pm	ST10130187	Jim Flynn	2.5
06/12/2023	PAX Tools for Communities	9:30am-12:00pm	ST10129988	Ava Lucky	2.5
06/12/2023	Being Conscious: Examining Positive Intent & Empathy	6:00pm-8:30pm	ST10130188	Jim Flynn	2.5
06/14/2023	Challenging Behavior Session One: Understanding & Preventing Challenging Behavior	9:30am-12:00pm	ST10130182	Katy Carpenter	2.5
06/14/2023	Understanding Behavior through the Context of Sensory Systems	12:00pm-1:30pm	ST101303419	Rachael Theis	1.5
06/15/2023	Engaging, Appreciating, & Understanding Families	12:00pm-3:00pm	ST101303420	Rachael Theis	3
06/15/2023	Being Conscious: Examining Consequences & the Classroom Family	6:00pm-8:30pm	ST10130189	Jim Flynn	2.5
06/19/2023 06/26/2023	Understanding Ourselves & Others' Behavior Part 2	2:00pm-4:00pm	ST10130575	Marci Cullivan	2
06/19/2023 06/26/2023	FLIP IT! Introduction & Four Strategy Steps	6:00pm-9:00pm	ST10130247	Lynn Belhorn	3
06/20/2023	Why Do They Do That? Understanding Behaviors that Push Our Buttons	12:00pm-2:30pm	ST101303421	Rachael Theis	2.5
06/21/2023	I'm Not Your Friend! Bullying in Preschool	9:00am-12:00pm	ST101303422	Rachael Theis	3
06/21/2023	The Ohio Model of IECMH Consultation Day One	9:00am-4:00pm	ST10129878	MT TEAM	6
06/22/2023	The Ohio Model of IECMH Consultation Day Two	9:00am-4:00pm	ST10129880	MT TEAM	6
06/22/2023	Stress Management for the Caring Professional	1:00pm-3:30pm	ST10129027	Ava Lucky	2.5
06/27/2023	No Worries! Helping Young Children Cope	9:00am-10:30am	ST101303424	Rachael Theis	1.5

**Training Descriptions are available on OCCRRA.org**

*In response to Covid 19, many professional development and training opportunities are being offered in an online platform (ZOOM). Please check the Ohio Professional Registry at [ocrra.org](http://ocrra.org)*

**Ohio Professional Registry**

The Ohio Professional Registry is a centralized information system for early childhood and afterschool professionals. Ohio's web based professional registry allows professionals to document and track their career growth and accomplishments as well as to search and register for training opportunities offered statewide.

OCCRRA also coordinates the Early Childhood Mental Health and Ohio Infant Mental Health Credentials processes, as well as the "Ohio Approved" process for professional development opportunities. The goal is to ensure early learning and afterschool professionals receive high-quality professional development to maximize the learning and development of children in their care. Visit your Registry profile to apply to be an Ohio Approved Instructor, create a Training Organization, and submit professional development for Ohio Approval.

## **Get Started**

To get started, create a profile, upload your supporting documents and be recognized for your experience, education, credentials and training in the Ohio Professional Registry. Follow the new user guide to learn how to document your employment, education and training to fulfill Ohio's Early Childhood Mental Health and Infant Mental Health credentialing requirements.

## **Infant and Early Childhood Mental Health Consultant Credential**

The Infant and Early Childhood Mental Health Consultation (IECMHC) Program objectives are to build protective factors in young children (from birth to six years of age who are at risk for abuse, neglect, and poor social/emotional health), increase skills of parents and promote the competencies of early childhood providers. IECMHC targets the healthy social and emotional development of all young children in Ohio to ensure they thrive and achieve success in school. Consultation requires practitioners to have formal preparations, certifications and licensure in children's mental health and experience working with young children and their families.

Since 2000, Ohio has recommended that IECMH practitioners be licensed mental health professionals. Everyone applying for an IECMH Credential will need to complete a personal profile in the *Ohio Child Care Resources and Referral Association's* (OCCRRA) Professional Development Registry. If already completed, you would not have to reenter for the credential. You will need your OPIN number and to have met the Core Competencies course requirements.

Please note, to obtain the IECMHC, the Ohio Model of Infant and Early Childhood Mental Health Consultation and the Devereux Early Childhood Assessment (DECA) trainings are required. An additional fifteen hours of training must be completed in the following areas: social emotional growth and development, family & community relations, assessment, interventions, and cultural and linguistic competency. Please visit <https://occrra.org/ohio-professional-registry/early-childhood-mental-health/> for complete guidance.

## **Ohio Infant Mental Health (OIMH) Credential - Established March 2020**

The launch of the Ohio Infant Mental Health (OIMH) Credential expands our formalized specialization and certification of the IECMH professions in Ohio. The overarching purpose of this OIMH credential is endorsed by the Governor's Office to achieve the Goal of implementing a set of nationally recognized skills and core competencies that will be developmentally appropriate and anchored in relationship-based practices that support the needs of infants and caregivers to reach their greatest wellness.

The Three (3) OIMH Credential Levels are Ohio Infant Family Affiliate Level I (OIFA-I) Ohio Infant Family Practitioner Level II (OIFP-II) Ohio Infant Mental Health Practitioner Level III (OIMHP - III). Every early childhood system partner including providers of childcare, early learning and education, home visiting, early intervention, maternal health, and infant and early childhood mental health plays a key role in the achievement of good infant/caregiver outcomes. Ohio recognizes the need for early childhood system professionals to have specialized skills and training while working with Ohio's pregnant women, infants, and toddlers. As such, the Ohio Infant Mental Health Credential is accessible to all Ohio early childhood professionals and is leveled to the right scope of practice for each service-delivery system partner.

<https://mha.ohio.gov/Schools-and-Communities/Educators/Early-Childhood-Mental-Health/Infant-Mental-Health-Credential>

## **IECMHC Resources Devereux**

### **Tools & Resources for Infant/Early Childhood Mental Health Consultants**

<https://centerforresilientchildren.org/iecmhc/>

Devereux Professional Development Opportunities  
<https://centerforresilientchildren.org/dcrc-professional-development/>

**Devereux Center for Resilient Children (DCRC) Resources**  
<https://centerforresilientchildren.org/free-resources/>

**Georgetown University**  
**Center of Excellence for Infant & Early Childhood Mental Health Consultation**  
<https://www.iecmhc.org/virtual-trainings-portal/>

**Yale University**  
**Yale School of Medicine Child Study Center Webinar Calendar**  
<https://medicine.yale.edu/childstudy/search/?entityType=Event&calendar=childstudy>

## Additional Training Resources: **Infant Mental Health Credential Online Trainings**

Below are available **Asynchronous** Trainings (online, pre-recorded, not delivered in real time)

Title	OCCRRA ST#	Training Author
Building Resiliency in Infants, Young Children, and Their Caregivers	ST10120224	Misty Cole
Failure to Thrive (FTT) What Touch Can Do (Tiers II & III)	ST10108144	William Mosier
IECMH Assessment: What's Out There and How It Benefits Treatment (Tiers II & III)	ST10120461	Dr. Jennifer Lackey Misty Cole
Infant Mental Health: Cognition Growth and Development (Tiers II & III)	ST10116372	Ross Nunamaker
Infant Mental Health Interventions & Treatment Modalities (Tier III)	ST10108141	Erin Lucas
Supporting Families & Caregivers w/Infants that Have Complex Needs (Tiers II & III)	ST10108103	Grace Schoessow
Why Race Matters in IMH Outcomes (Tiers I, II & III)	ST10108142	Dr. Janeece Warfield
Why Place Matters in IMH Outcomes (Tiers I, II & III)	ST10108149	Jon Kinsel
Neonatal Abstinence Syndrome (Tiers II & III)	ST10124032	Maria Jirousek
Neonatal Abstinence Syndrome: Prenatal to Four Months (Tiers II & III)	ST10120517	Visiting Presenter
Toxic Stress to Safe Zone (Tiers II & III)	ST1018152	Misty Cole

### **Maintaining Your Record**

Each time you complete training, acquire education and credentials, or change employment, please update your professional profile as soon as possible. Be sure to upload required documentation for verification after changes are made.

**Contact the Ohio Professional Registry** <https://occrpa.org/our-resources-page/>  
• Phone: (614) 396-5959 • Toll-free: (877) 547-6978 • Email: [credential@occrpa.org](mailto:credential@occrpa.org)

### **Whole Child Matters Partner Agencies**

**Ohio Partnership to Prevent Preschool Expulsion Hotline: 1-844-678-2227** The Whole Child Matters initiative promotes a strong mental health foundation for children in an effort to reduce preschool and kindergarten expulsions. Services include on-site interventions and child/family-focused help to parents, teachers and staff. For more information, please visit

<https://mha.ohio.gov/static/Portals/0/assets/SchoolsAndCommunities/Educators/NACH-2730-Preschool-Expulsion+flier07ee.pdf>

**Alcohol, Addiction, and Mental Health Boards (ADAMH)** Ohio has a county-operated, state supervised behavioral health system made up of area behavioral health authorities, or boards. These boards plan, evaluate, and fund mental health and addiction services locally. The boards contract with a wide range of providers for prevention, treatment and recovery support for their community members. For your county's information, please visit <https://mha.ohio.gov/community-partners/adamh-boards>

For a full list of Ohio's Whole Child Matters' Partners, please visit <https://mha.ohio.gov/community-partners/early-childhood-children-and-youth/early-childhood-mental-health/whole-child-matters-map>

## **Contact OhioMHAS Training Institute Administrative Staff**

**Misty Cole, MSW, LSW, IECMH Administrator**

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TRIPLE P ONLINE

# Help your child to manage challenges

**FREE**  
In OHIO

## Support your child's emotional wellbeing, and yours too

We all face challenges sometimes. But there are positive ways to handle them! Positive parenting skills and strategies make a big difference to your child's development and wellbeing. And that can have a far-reaching impact on their life, and yours.

## Why Triple P works

The Triple P – Positive Parenting Program is one of the world's best. Backed by more than 330 trials and studies, Triple P gives you proven parenting strategies that will help you develop your child's talents and life-skills—so they can be happy, confident, and successful. In the meantime, your home life will be happier, with rules followed, relationships stronger, and parents who are much less stressed.

## Now, there's Triple P Online, so you can set your own parenting goals, learning step-by-step whenever you like. It'll help you:

- Build a stronger bond with your child
- Support your child's life skills
- Encourage positive behavior and cooperation
- Use consistent strategies to manage bedtime and screen time battles
- Respond to problem behavior effectively, without yelling
- Take care of yourself and enjoy being a parent

### START TODAY – IT'S COMPLETELY FREE!!

Right now, this world-class program is available FREE in Ohio, and you can do it all online!

Register now: [triplep-parenting.com/ohio](https://triplep-parenting.com/ohio)



Free access to Triple P Online for Ohio parents has been funded by the Ohio Children's Trust Fund, and Department of Job and Family Services.



Ohio

Department of  
Job and Family Services



Ohio Children's Trust Fund  
*Ohio's Prevent Child Abuse America Chapter*



# Positive Early Childhood Education Online

FREE IN OHIO

## Professional development opportunity

OCCRRA, through funding from Ohio JFS, is sponsoring free online training in the Positive Early Childhood Education (PECE) Program. The course is approved for 4 Ohio Approved Contact Hours for early learning professionals.

## The PECE Online course

The online PECE course for early childhood educators and care providers is a professional learning program designed to promote positive self-regulation and social competencies in children while fostering strong educator/ child relationships as well as those with colleagues and parents. PECE is aligned with Triple P – Positive Parenting Program®. It is based on research about what works to have a calm and positive atmosphere in early learning and childcare settings, including in-home care providers.

- Shown to be helpful for ALL educators and care providers, regardless of prior training and experience.
- 22 strategies to support children’s pro-social and emotional skill development – key life skills.
- Interactive, online and convenient, 4 modules (about 1 hour each). Includes a personal log-in, with downloadable resources.
- Proven program – has been shown to reduce workplace stress, increase job satisfaction and improve teamwork..

## Free coaching available

PECE Coaches are available for further consultation across Ohio. Typically 2-4 coaching sessions are provided, lasting about an hour each and are free to access. For more information contact [ohiopeceinfo@triplep.net](mailto:ohiopeceinfo@triplep.net).

## Compensation available for eligible educators

If your center is rated at a 2 or lower in Step Up To Quality you qualify for compensation for completing the course and can receive additional compensation for participating in 2 coaching sessions.

## START TODAY – IT’S COMPLETELY FREE!!

Right now, this world-class program is available FREE in Ohio, and you can do it all online!

## Register now:

[www.triplep-parenting.com/oh-en/pece-program/](http://www.triplep-parenting.com/oh-en/pece-program/)

After registering an access code for the online modules will be sent to the email you registered with within 24 to 48 hours monday-friday.



Department of  
Job and Family Services



Positive Early  
Childhood Education  
Powered by Triple P